Volume 7, Number 3 February 1-14, 1992

UCSF Newsbreak

New Plan for Campus Involvement in Long Range Development Planning

A new plan to involve the campus community in UCSF's long range planning process got under way with the first meeting of the University Advisory Group (UAG) on January 29.

Appointed by Vice Chancellor Bruce Spaulding, the UAG will meet regularly over the next two years as the campus prepares a new Long Range Development Plan (LRDP). The first meeting covered an overview of various campus sites and discussed planning concepts and principles, including the environment, neighborhood issues, transportation, and campus amenities. (Because this meeting was held just as we were going to press, we will report details in the next issue of *Newsbreak*.)

The campus is required by the Regents to prepare a formal LRDP to outline campus program and space needs for the next 15 years. Space needs are based on our "academic mission," which expresses the education, patient care, research, and public service goals of the campus. The new plan will address the possibility of acquiring a second major site or ways to develop present multiple campus sites. An Environmental Impact Report (EIR) will be prepared along with the LRDP.

The last LRDP, which was prepared in 1982, did not include widespread campus involvement, says Spaulding.

That has changed. Because now, in addition to forming a UAG, which is composed of representatives from staff, student groups, physical locations, and the Chancellor's 21st Century Committee, the new campus participation plan calls for a series of workshops open to *all members* of the campus community. UAG representatives also will be asked to report back to their groups and bring back their comments.

"This represents a major change in the way we solicit campus comment on our planning process," says Spaulding. "It will incorporate much larger groups and get people involved early, when they can have a meaningful opportunity to provide their ideas before we write our Draft EIR."

Spaulding stressed that the UAG will serve as an important advisory body for the campus. As space plans begin to take shape, the UAG will be asked to provide feedback to the campus planning department on the exploration of appropriate alternative plans and provide constructive criticism at key points during the planning process.

A full schedule of the campuswide workshops will be run in the next issue of *Newsbreak*. You will need to come to one of those meetings to find out exactly how you can get involved.

"With these broad-based opportunities for participation, we will cover both campuswide issues and individual group perspectives," said Spaulding.

Parallel participation is being set up to involve our neighbors and the entire San Francisco community in the LRDP by forming a Community Advisory Group.

In addition, Spaulding says the campus is sending out a series of newsletters to the community, will continue to meet one-on-one with neighbors, and will meet with organized groups who are interested in the University's plans. The campus also will continue its routine meetings with neighborhoods in which it already has, or anticipates, a large presence.

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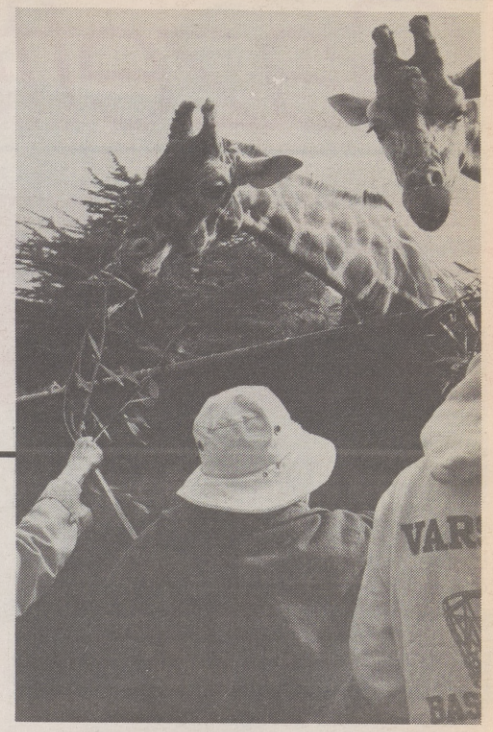

Page 3 . . . Something Tells Me It's All Happening at the Zoo

What the Budget Means (At This Time)

The Governor's proposed budget now is on its way to the State Senate and Assembly for their independent reviews as well as joint discussions. In the budget, there are no provisions for range adjustments for either faculty or staff. There are, however, provisions for merits.

Full faculty merit increases will be granted to all those eligible for 1992/1993. In addition, all those faculty who had merits approved last year, but did not receive them, will get them this year. (The '91/92 merits, however, will not be retroactive.) All merits will be funded on July 1, 1992.

Staff merits also are included in the budget for a July 1, 1992 funding. These, according to UC Systemwide, will be fully funded for all of those eligible.

Health benefits/Social Security is included in the budget to fund the continuation cost of the 1991/1992 benefits, as well as the 1992/1993 benefit cost increases for retirees and employees.

Meanwhile, the UCSF Council, the Chancellor's Staff Advisory Committee (SAC) and the Academic Business Officer's Group (ABOG) are sponsoring a "Financial Forum" on Friday, February 21, from noon to 1 p.m. in Toland Hall. The meeting, the second such for fiscal year 1991/1992, will explore UCSF's budget status from both the Campus and Medical Center perspectives. Speakers will include Assistant Vice Chancellor Robert Obana, Capital Budget Director Eric Vermillion and Medical Center Finance Director Jackie Kuhn. This will be a valuable opportunity for staff to learn more about the economic issues which have an impact on the University. In addition to a short presentation, a question and answer period will follow, allowing people to find out firsthand how the State budget crisis may affect the UCSF workplace.

As budget news develops, so will future stories about the budget in *Newsbreak*.

(Left to right) Delois Weekes gets a big hug for winning; Karen Newhouse, with Senior Vice Chancellor David Ramsay, heads to the microphone to thank the crowd; Arleen Brown (far right) with Barbara Wilson-Thompson, one of the first winners of the MLK Award in 1990, who accepted the award for Brown.

Honored for Their Visions

What could be a more fitting ending to Martin Luther King, Jr. Week Events than a big birthday bash. Held on January 16, the "birthday party" was actually the MLK Awards Ceremony at which Delois Weekes, Karen Newhouse and Arleen Brown were the guests of honor, representing respectively faculty, staff and students.

Weekes, an assistant professor, Department of Family Health Care Nursing, received the award for advancing the causes of health care for the underserved and for her work with diversity recruitment within the School of Nursing.

Newhouse, MSO for the Department of Laboratory Medicine, was lauded for promoting cultural diversity within her department and campuswide and for working with disadvantaged youth.

Fourth-year medical student Arleen Brown, who unfortunately couldn't make the ceremony due to a delayed plane flight, was honored for extensive involvement in diversity advisory committees, including the Black Student Health Alliance, of which she is president.

The MLK Committee thanks all those people who and organizations that contributed to the week's success, especially Adolfo Castillo of EMR and Blue Print Services.

A Letter from the Chancellor

To: Members of the Campus Community

This year's UCSF/United Way Campaign promised to be a challenging one, given the critical shortages facing the organizations providing health and human care services in the Bay Area. However, over 4,000 faculty and staff responded generously, contributing a total of $327,309 to UCSF's only annual community fundraising drive.

At UCSF we encourage participation at whatever level possible, and while our goal remains 100%, we are pleased that 37% of eligible employees contributed this year.

We asked for a bit more this fall: we asked those who could afford to do so to increase their contributions this year; we also asked all campuswide senior managers to pledge their participation in advance of the campaign. Therefore, we are especially pleased that the total dollars contributed increased more than 15% over last year, and in addition, 100% of our senior managers participated.

We are proud of UCSF's role in this important community campaign, and thank all of you for your support.

Julius R. Krevans, MD
Chancellor

Thena Trygstad
Vice Chancellor & Chair,
1991 UCSF/United Way Campaign

"Stepping into Tomorrow"

UCSF's Black Heritage Month to Feature Black Expo, Alice Lytle, Kerrigan Black

This year's Black Heritage Month events will bring to campus a number of notable African Americans . . . from UC Berkeley's Pedro Noguera to singer/composer Kerrigan Black and Judge Alice Lytle, the first black woman in California to be appointed a Municipal Court Judge.

It all begins on Monday, February 3, with a Black Vendors Expo from 10:30 a.m. to 2 p.m. in the Millberry Union Conference Center. Take some time out from your busy work day to look at the many products and services from African American vendors in the Bay Area.

The following day, on Tuesday, February 4, singer/composer Kerrigan Black will present a history of African American music from slavery to gospel, blues to rap. It will be held in Cole Hall from noon to 1 p.m. Black also will do a special children's performance from 10:30 to 11:30 a.m. For further information call 476-6761.

Pedro A. Noguera, assistant professor, education, UC Berkeley, will be the featured speaker at a Brown Bag Lecture on Wednesday, February 5, from noon to 1 p.m. in HSW 300. Noguera will discuss the setbacks and advances in the African American experience.

Be sure to mark Saturday, February 8, on your calendar for the Black Caucus Gala. Held at the Marriott Hotel in the Berkeley Marina from 6:30 p.m. to 1 a.m., the evening will feature cocktails, dinner, dancing and raffle prizes. Price is $35 per person. For further information call Ethel Adams at 476-8310 or Claudette Johnson at 476-2401.

The following week, famed Judge Alice Lytle will speak on "Hard Time: Gender Bias

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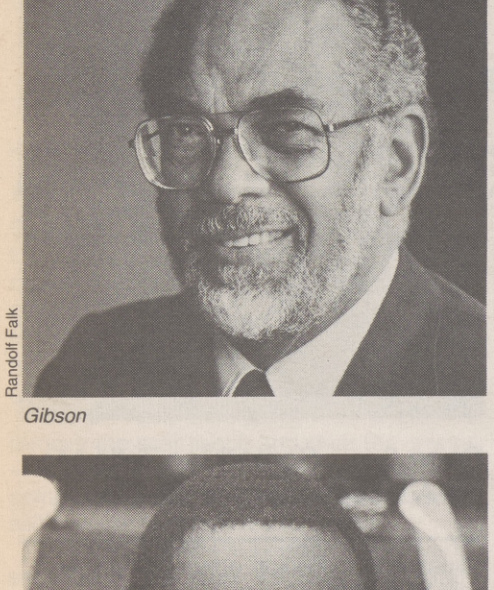
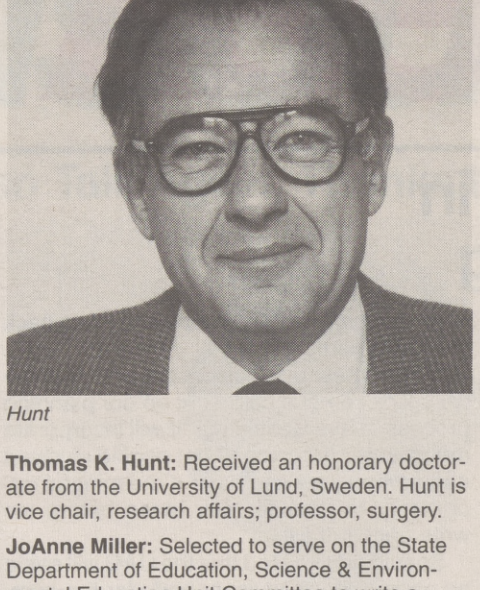
Gazette

Honors & Awards



Randolf Falk

Gibson



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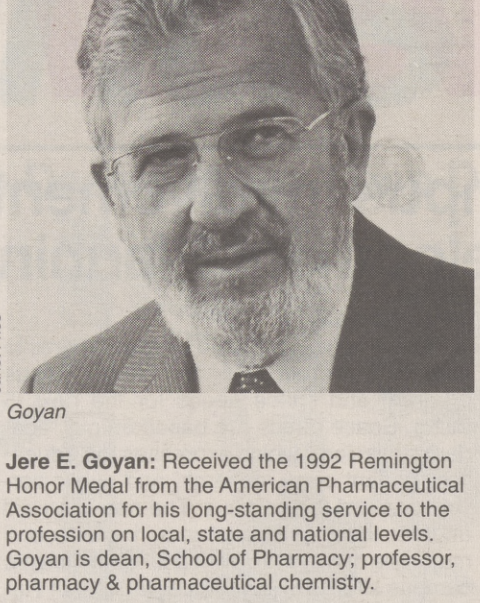

Janet Fries

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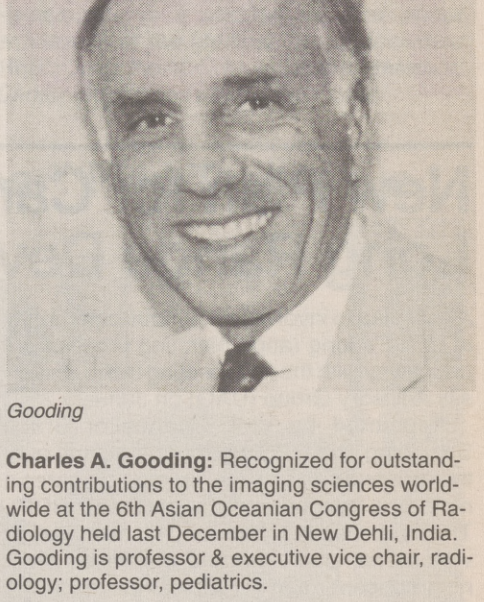


Gooding

Brant

Robert D. Gibson: Elected to serve on the American Pharmaceutical Association Board of Trustees for a three-year term. Gibson is registrar; associate vice chancellor, student academic affairs; lecturer emeritus, School of Pharmacy.

Michael D. Brant: Graduated from the FBI National Academy at Quantico, VA. The Academy offers 11 weeks of advanced investigative, management and fitness training for professional law enforcement officers. Brant is assistant chief, police department.

Melvin M. Grumbach: Appointed to the National Advisory Child Health & Human Development Council, NIH, by Health & Human Services Secretary Louis Sullivan. He will serve for four years. Grumbach is the Edward B. Shaw Professor of Pediatrics.

Thomas K. Hunt: Received an honorary doctorate from the University of Lund, Sweden. Hunt is vice chair, research affairs; professor, surgery.

JoAnne Miller: Selected to serve on the State Department of Education, Science & Environmental Education Unit Committee to write a booklet for parents on science education. The booklet will be distributed through local schools and is a companion piece to booklets on math, the Constitution and language arts currently distributed through the schools. Miller is program director, Science & Health Education Partnership (SEP).

Leonard B. Kaban: Received the 1992 Oral & Maxillofacial Surgery Foundation Research Recognition Award for past and present contributions to the field of oral and maxillofacial surgery, specifically the areas of orthognathic, cleft and craniofacial surgery. Kaban is professor & chair, oral & maxillofacial surgery.

David Siegel: Elected a fellow of the Council on Epidemiology of the American Heart Association. Siegel is associate professor, epidemiology & biostatistics and internal medicine.

Claude D. Arnaud: Received the Jeffries Medical Research Award from the American Institute of Aeronautics & Astronautics for outstanding contributions to space biology and medicine as a principle investigator on the Spacelab Life Sciences I mission. Arnaud is professor, medicine & physiology; director, Program in Osteoporosis & Bone Biology.

Guenter B. Risse: Appointed to the editorial board of three international journals: *Medical History, Communicationes de Historia Artis Medicinae* and *History and Philosophy of the Life Sciences*. Risse is professor & chair, history of health sciences.

Jere E. Goyan: Received the 1992 Remington Honor Medal from the American Pharmaceutical Association for his long-standing service to the profession on local, state and national levels. Goyan is dean, School of Pharmacy; professor, pharmacy & pharmaceutical chemistry.

Charles A. Gooding: Recognized for outstanding contributions to the imaging sciences worldwide at the 6th Asian Oceanian Congress of Radiology held last December in New Dehli, India. Gooding is professor & executive vice chair, radiology; professor, pediatrics.

Publications

Arthur J. Miller: Author, *Craniomandibular Muscles: Their Role in Function & Form* (CRC Press, Boca Raton, Florida, 1991). Miller is professor, growth & development, physiology, restorative dentistry & stomatology.

Melvin M. Grumbach: Co-editor, *Control of the Onset of Puberty* (Williams & Wilkins, Inc., New York, 1990). Grumbach is the Edward B. Shaw Professor of Pediatrics.

In Memoriam

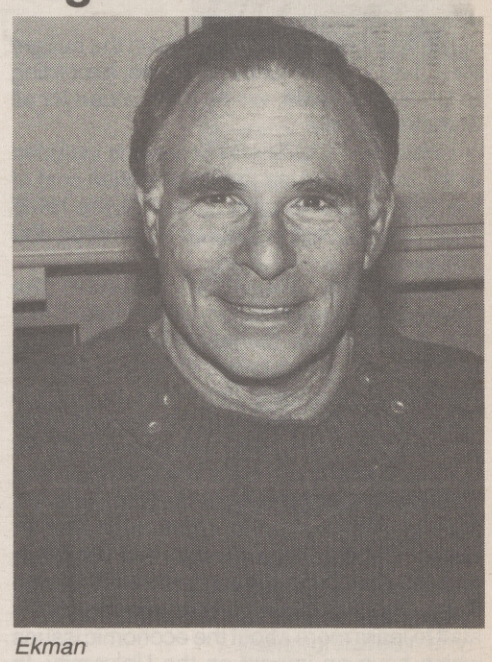
Jay C. Welch: Clinical nurse II in the Intensive Care Unit, he began his career at UCSF as a senior hospital assistant and, after deciding he wanted to be a nurse, studied here and graduated with an RN from the School of Nursing in June 1987. He started as a clinical nurse I immediately, and was promoted to clinical nurse II in December, 1987. Welch was responsible for directed care of patients in need of hemodynamic and respiratory management, in addition to caring for a patient's social needs and the needs of the patient's family. Welch's work in the medical field began in Augusta, Montana, his hometown, when he volunteered in a home for the mentally challenged. He was 35. Donations may be made to Pets Are Wonderful Support (PAWS) or Shanti.

Larry L. Ellis: An MSO II in LPPI, he came to UCSF in 1976 as a senior medical records administrator. As such, he administered the medical record and clerical services department, in addition to analyzing and evaluating medical records and indices. In 1987, he was promoted to the MSO II position, in which he was responsible for all management and administrative functions of LPPI's medical record and central clerical services departments and directed the department's personnel functions. Ellis also was active in a number of community and professional organizations. He was 49.

Ekman Receives APA's Highest Honor

Paul Ekman, professor of psychology and director of the Human Interaction Laboratory, has won the Distinguished Scientific Contribution Award for 1991 from the American Psychological Association "for his theoretical, empirical and methodological contributions to the study of emotion" which were "central in initiating the revival of interest in emotion in psychology." The award is the highest given for scientific accomplishments in the field of psychology, and Ekman is the first UCSF psychologist to receive it.

Ekman's book, with W.V. Friesen and Phoebe Ellsworth, *Emotion in the Human Face*, presents evidence of cross-cultural universality in the ways in which emotions are manifested in facial expressions. In addition, the Facial Action Coding System, which Ekman developed with Friesen, is widely used and remains the only comprehensive anatomically based tool for measuring facial behavior. His research continues to focus on emotional expression and physiology and on interpersonal deception.



Ekman

Sue Wilson and Lloyd Dixon

Open Hand Volunteers of the Month

Sue Wilson, Lloyd Dixon and Roberto Moreiras have been named Volunteers of the Month by Project Open Hand, an organization that delivers high-quality, fresh and nutritious meals to people with AIDS. Wilson and Lloyd are a driver/helper team, who were "chosen because they have demonstrated great willingness to work out problems," says Cindy Lima, the Open Hand coordinator of UCSF volunteers. Morieras, according to Lima, "is involved with Project Open Hand in many ways, including coordinating holiday gifts for our clients. He is available as a back-up driver and is always willing to help."

Wilson believes that this award recognizes all UCSF volunteers, not just the three of them. She adds, "Everyone should volunteer. It's good for your health!"

Wilson is budget assistant, Medical Center Budget and Reimbursement, Dixon is senior word processing specialist, LPPI, and Morieras is senior accountant, campus accounting. Anyone interested in volunteering should call Cindy Lima at 476-5744.

Community Consortium Honored

The Community Consortium, an association of more than 200 health care providers which is affiliated with the UCSF AIDS Program at SFGH, received the Assistant Secretary of Health Award for Outstanding Achievement from the US Public Health Service for its leadership in providing access to clinical trials for people with HIV infection. Thomas Mitchell, a senior public administrative analyst at UCSF and program director of the Consortium, accepted the award during a ceremony in Washington, DC, on World AIDS Day in December.

The Community Consortium was established in 1985 to provide physicians with the most current information about HIV treatment and to conduct community-based trials of promising experimental therapies. Donald Abrams, associate clinical professor, medicine, is chair of the Consortium.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover February 15-28, will be on **Tuesday, February 4, at 11 a.m.** Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541.

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Lange Chair in Physiology to Zach Hall

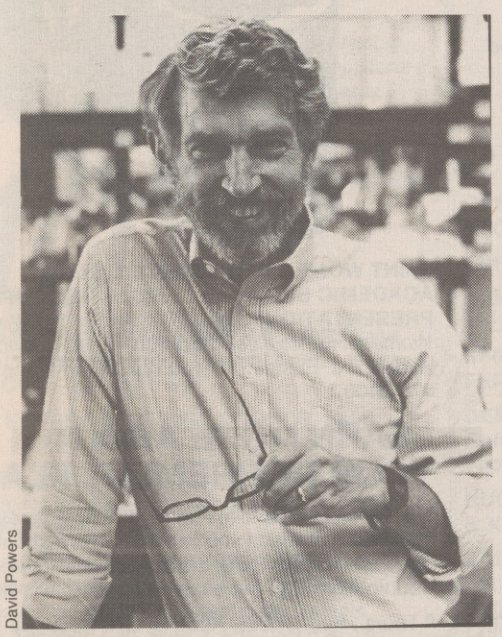
Zach W. Hall, professor and chair of the Department of Physiology for the past five years, has been appointed to the Jack and DeLoris Lange Chair in Physiology.

This endowed chair provides funds for Hall's research and teaching. Hall, whose appointment as a Jacob Javits Investigator in Neuroscience ended last year, for the past 25 years has studied the workings of the junction between nerve and muscle, where signals from the brain initiate muscle movement.

Signals are transmitted across the junction, or synapse, by molecules called neurotransmitters. Hall has concentrated on study of the receptor for one of these neurotransmitters, acetylcholine, and on how the synapse is put together during development. He also is interested in how things go wrong with the nerve-muscle junction, as in the disease myasthenia gravis.

Hall was the first head of the campus' innovative interdepartmental Neurosciences Program. He was a founding editor of *Neuron*, and has written and edited the text, *An Introduction to Molecular Neurobiology*, to be published this month.

The Lange Chair was endowed several years ago by Jack and DeLoris Lange of Lange Medical Publications. More than 1,000 authors and co-authors, mostly UCSF faculty, have been published by Lange Publications since 1938. The Lange Special Collections Reading Room is on the fifth floor of our new library and houses a copy of each of these books, plus a computer program called STAT!, which incorporates 11 of Lange's medical publications.



David Powers

Zach Hall

(Center to right) Lillian Flint, Daudee Douglas and Lillian Davis take the opportunity to pet a tortoise.

"Action" Forums, Excursions for the Visually Impaired

Most of us enjoy the weekends. Lillian Davis is no different. Last Saturday she went to the zoo, something she hasn't done in years.

Lillian is legally blind, and has been so for a number of years. "One of the things I really look forward to is a charged discussion or some kind of weekend outing, like going to the zoo."

Many people like Lillian take advantage of UCSF's field trips — full-day excursions that many of the participants would not pursue on their own — and free "action-oriented" open forums for the visually impaired. Sponsored by the Department of Ophthalmology, the forums are held the first and third Saturdays of each month from 11 a.m. to 1 p.m. in the Ambulatory Care Center. They are designed to help the visually impaired cope with problems that arise in day-to-day living, and are open to friends and family as well. The discussions take on a variety of topics . . . from enjoying art to homeopathy, from how to use a cane to how to live independently.

Frances Neer, a retired professor of education, conducts the action-oriented discussions and leads the field trips. Blind for the past 10 years, she has been published in the fields of early childhood education and visual disability.

The next forum is scheduled for this Saturday, February 1, when Tom Rickert will talk about his first year as executive director of Access Exchange International. Rickert previously spoke to the forum when he was manager of accessibility services for Muni. In his new venture, he collaborates with Moscow social service managers interested in American approaches to problems ranging from making mass transit accessible for the disabled to finding ways to keep troubled kids out of jail.

He has been to Russia several times and has hosted Moscow visitors in order for them to meet American social service directors and city and business leaders. One such visit led to the first police sensitivity training session ever held in Moscow.

The next field trip will be held on Saturday, February 29, when participants will go on a wine tasting venture to the Napa Valley. One likely stop, says Frances, is Sonoma's Sebastiani Vineyards, known not only for wine, but for intricate wine barrel carvings by a retired commercial artist.

For further information on the low vision forums, call Frances Neer at 626-5313.

Recombinant DNA Hormone to Help Preemies

Every year in this country there are nearly 25,000 premature infants who suffer from anemia. This translates into some 300,000 blood transfusions annually.

In a new pilot study by lead by UCSF pediatrician Kevin M. Shannon, it has been shown that anemia in premature infants can be effectively prevented with a blood hormone produced through recombinant DNA technology.

The hormone is called erythropoietin, and the use of a recombinant version could mean a significant reduction in the number of transfusions prescribed annually.

Reporting at a meeting of the American Society of Hematology in December, Shannon said that treatment with recombinant erythropoietin has three main advantages over a blood transfusion. Because the hormone is made in a laboratory and is not a natural blood product, there is no risk that it will be incompatible with the infant's blood, it will not carry infection, and it costs less.

Erythropoietin stimulates the bone marrow to step up production of red blood cells, which carry oxygen to body tissues. The recombinant version is administered by injection.

"This pilot study was the first clear demonstration of the effectiveness of erythropoietin therapy for premature infants, but the number of cases was small. We are hoping to confirm the results through a national research project involving a larger group of infants," says Shannon.

A national study, based on the UCSF pilot program, began last November at UCSF and 10 other medical centers around the country. It is hoped that 200 infants will participate, with results compiled late this year. Roderic Phibbs, chief of neonatology at UCSF, is principal investigator of the national trial, with co-investigators Shannon and William C. Mentzer, professor of pediatrics and laboratory medicine.

Boxer on "Reproductive Rights," Feb 7

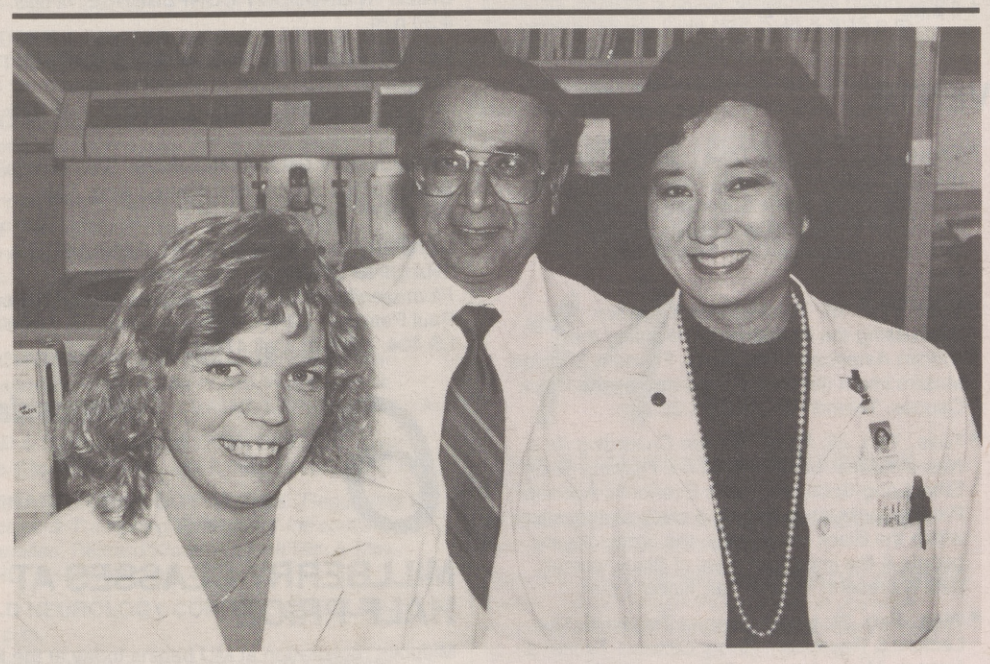
Congresswoman Barbara Boxer will be on campus Friday, February 7, to deliver a free public lecture, "Reproductive Rights: the Legislative Struggle," from 1 to 2 p.m. in Cole Hall.

Now in her fifth term as a US Representative from California's Sixth District, Boxer is best known for her work in the areas of military reform, environmental protection, and health and human rights. Pertaining to the latter, she authored the 1989 Boxer Amendment to grant federal funding for abortions for victims of rape or incest. Although the measure received a presidential veto, it was the first pro-choice legislation to pass Congress in 10 years. She then reintroduced the measure as the Victim's Choice Resolution, which is part of her current legislative agenda.

Boxer is an acknowledged leader in the House on choice issues and is a frequent public speaker on the topic. She has been honored for her work as a champion of human rights by the Anti-Defamation League, Planned Parenthood and the National Council of Jewish Women.

She recently announced her candidacy for the US Senate in 1992.

Boxer's campus lecture is sponsored by the School of Nursing, the Chancellor's Committee on the Status of Women and the Women's Resource Center. A reception will follow the lecture. For further information, call Pat Struckman in the School of Nursing Dean's Office, 476-1806.



Clinical Chemistry Awards To Three

Susan Gross, Hassan Kayam-Bashi and Katherine Chen (left to right) have been recognized for outstanding achievement in clinical chemistry, or the laboratory testing of specimens, with three awards from the American Association for Clinical Chemistry, Northern California Section. Kayam-Bashi, chief of clinical biochemistry, a division of the Clinical Labs at SFGH, received the Award for Outstanding Contributions to Clinical Chemistry through Science and Technology. Gross, senior supervisor of clinical biochemistry, won the Van Remortel Service Award, and Chen, a supervisor in the same division, was presented with the Past President's Award.

Black Heritage

(from page 1)

and the Judicial System" on Thursday, February 13, from noon to 1 p.m. in Toland Hall. Lytle will discuss the barriers women and children face in our judicial system.

Five days later, Faheem Shuaibe will grab the spotlight on Tuesday, February 18, when he discusses Malcolm X's evolutionary growth and Islamic concepts. A lecturer and author, Shuaibe has served as a Muslim imam (leader) for the past 17 years. He will speak from noon to 1:30 p.m. in Toland Hall.

And, the Moffitt Cafe & Grill will be featuring special menus highlighting culinary delights from around the world. Beginning Friday, February 7, and continuing every Friday in February, the Cafe will offer delectables from Ethiopia, West and Central Africa, the Caribbean, as well as the US. Plus, weekly contests will be held to test your knowledge of African history. Five winners a week will receive complimentary African Heritage meal packages. Full details will be available in the Cafe.

Plus, throughout the entire month, there will be displays in two locations: MCB's first floor lobby will have on display posters depicting African Americans in history; there will be a photo display in the main lobby at Mount Zion; plus, from February 10-21, the UCSF library will have throughout its floors displays focusing on African Americans in literature and the health sciences.

And that's only the beginning. See the next issue of *Newsbreak* for all the remaining Black Heritage Month events for February, including a discussion by women's rights organizer Ethel Long-Scott on Tuesday, February 25, a tour of the Henry Ossawa Tanner Exhibit and reception on Wednesday, February 26, and a Black Nurses Symposium on Friday, February 28.

Today/Tomorrow

1 Saturday

UROLOGY RESIDENTS LAPAROSCOPIC TRAINING. HSW 563. 7:30 a.m.

SURGERY RESIDENTS RESEARCH DAY: *Say Yes to NO.* Richard Simmons, J. Englebert Dunphy Visiting Professor, Med. Toland Hall. 8 a.m.

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

LOW VISION FORUM: Tom Rickert, Access Exchange Intl., talks about his collaborations with Moscow social service managers interested in American approaches to problem-solving. Sign up this meeting for a field trip to the wine country on Sat., Feb. 29. Only one meeting in February, but forums are usually held on first & third Saturdays of each month. Main foyer, ACC. 11 a.m.-1 p.m. (See story on page 3.)*

3 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their physician's full name, address (including room number & zip) & phone number to assure results are mailed promptly. The procedure takes approximately 20 minutes & costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments fill up by the time this calendar is published, only dates when the van will be at UCSF locations are listed below:

- Feb. 7: On Parnassus at Medical Cntr. Way.
- Mar. 6: On Parnassus at Medical Cntr. Way.
- Apr. 6-9: UCSF-Laurel Heights, 3333 California, in parking lot on left.
- Apr. 10: On Parnassus at Medical Cntr. Way.

A mammogram also is available at the Mount Zion radiology department for $50. Call 885-7710.

OTOLARYNGOLOGY GRAND ROUNDS: *Safe Functional Endoscopic Sinus Surgery.* Paul H. Toffel, Oto., USC. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 9:15-10 a.m.

FRIENDS OF LOIS AL-ANON MEETING. Closed meeting: for friends & families of alcoholics only. Rm. 300C, MCB. Noon.

BRAIN TUMOR RESEARCH CENTER SEMINAR: *Neuroepithelial Carcinomas in Mice Transgenic with Human Papillomavirus Type 16 E6/7 Oncogenes.* Jeffrey Arbeit, Surg. S 214. Noon-1 p.m.

CORE CURRICULUM IN HEMATOLOGY: *The Diagnosis of Anemia: General Approach.* Eugene Gottfried, Lab. Med. *Basic Red Cell Morphology.* Stephen Shohet, Lab. Med. L 535. 2-3 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Acquired Disorders of Platelet Function.* Jose Lopez, Med. & Gladstone Labs, SFGH. L 535. 3:30-5 p.m.

CVRI/PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY SEMINAR: *Retroviral Analysis of Cell Lineages in the Developing Myocardium & Coronary Vasculature of Chick Embryos.* Donald Fischman, Cell Bio. & Anat., Cornell. S 1364. 4-5 p.m.

IMMUNOLOGY SEMINAR SERIES. HSW 302. 5 p.m.

SPINE CONFERENCE ROUNDS. C 417. 5-6 p.m.

URO-ONCOLOGY CONFERENCE. M 464. 5:30-6:30 p.m.

4 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Davies Med. Cntr. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

COMBINED ORTHODONTIC/ORTHOGNATHIC SURGERY GRAND ROUNDS: *Complications of Orthognathic Surgery.* Douglas J. Valentine & Patricio W. Rabot, both Oral & Max. Surg. C 701. 8 a.m.

TRANSFUSION RESEARCH FORUM: *Assemblies of HBV Core Particles.* David N. Standring, Biochem. & Biophys. & Hormone Res. Inst. L 535. 8:30 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Updates in Pediatric Arrhythmias.* George Van Hare, Ped. Card. Carr Aud., SFGH. 8:30-9:30 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets the first Tuesday of each month. MU 111. Noon-1 p.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

CURRENT ISSUES IN AGING

Preventing Dental Disease in the Elderly. Lewis Long, Ger. Second in a six-part series presenting a multidisciplinary perspective on geriatrics/gerontology. LPPI Aud. 12:10-1 p.m.

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Mammalian Sperm Receptor Genes & Glycoproteins.* Paul M. Wassarman, Cell & Dev. Bio., Roche Inst. Mol. Bio. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Blood Triglycerides: What's Up & Does It Matter?* Stephen B. Hulley, Clin. Epid. MU 427-W. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Cocaine Kinetics & Cocaine Toxicity.* Reese T. Jones, Psychr. S 664. 5-6 p.m.

5 Wednesday

UROPHYSIOLOGY CONFERENCE. M 464. 6:30-7:30 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

DERMATOLOGY GRAND ROUNDS: *Common Vulvar Disorders.* Andrea Langenberg, Derm. HSW 301. 8 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Evaluation of the Chemically Sensitive Patient.* Daniel Adelman, Allergy & Imm. A 455. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR. LPPI Aud. 8:30 a.m.

LANDBERG CENTER PRESENTATION: *Sacred Space.* Begin the day with spiritual reflection & sharing. Landberg Cntr. for Hlth. & Healing, 340 Irving. 9:05-9:30 a.m. Call 564-3515.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

BROWN BAG LECTURE SERIES: See Black Heritage Month events.*

LANDBERG CENTER CLASS: *Yoga for Stress Reduction.* Suzanne Stoterau, Landberg Cntr. for Hlth. & Ministry. Landberg Cntr., 340 Irving St. Noon-1 p.m. Call 564-3515 for reservations.*

LANDBERG CENTER SINGLE PARENT SUPPORT GROUP: C 209. Noon-1 p.m. Call 564-3515.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Rm. 300C, MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

PSYCHIATRY GRAND ROUNDS: *Early Studies in the Genetic Control of Forebrain Development.* John L. Rubenstein, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1 p.m.

SEMINARS IN BIOLOGY SERIES: *Signal Transduction in Bacteria.* Ann Stock, Cntr. Advanced Biotech. & Med. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

HISTORY OF HEALTH SCIENCES COURSE: *Historical Perspectives in Medicine: Nazism & German Medicine.* U 456. 4:30-6 p.m. Call 476-2766.

PATHOLOGY GRAND ROUNDS: *Stereotactic Biopsy of the Breast.* Britt-Marie Ljung, Path. HSW 508. 5-6:30 p.m.

CENTER FOR PREHOSPITAL RESEARCH & TRAINING JOURNAL CLUB: *Naloxone, Flumazenil & Patients with Altered Mental Status.* Paul Pearigen, CPRT & Emerg. Dept., St. Luke's. LS 404. 7-9 p.m. Call 476-8502.*

6 Thursday

MILLBERRY CLASSES AT HALF-PRICE

Midpoint registration at MU begins today at the MU Fitness Desk. Sign up for exercise classes at half-price. Call 476-1115.*

ORTHOPEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Pathophysiology of Ischemic Cardiomyopathy.* Kanu Chatterjee, Med., Cardio. & CCU. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: Residents Day: Clinical & Research Project Reports. S 214. 8:30-10 a.m.

PEDIATRIC GRAND ROUNDS: *Management of Coma.* Tom Koch, Ped. S 664. 8:30-9:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. HSE 317. 10-11 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Hepatitis.* Teresa L. Wright, Nurs. Serv. *Syphilis.* Stephen J. McPhee, Med. A 455. 10 a.m.-noon.

AIDS HEALTH PROJECT MONTHLY CASE CONSULTATION GROUP: Drop-in group for psychotherapists & counselors to discuss issues that arise in working with clients with HIV or AIDS. Rm. 521, MCB. 10:30 a.m.-noon. Please RSVP to 476-6441.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

JOINT WOMEN'S RESOURCE CENTER/ ACADEMIC BUSINESS OFFICERS GROUP PRESENTATION: *Stress First Aid for the Working Woman: How to Keep Cool When You're Under Attack.* B.J. Epstein. Toland Hall. Noon-1 p.m Call 476-0400.*

LEARN MORE ABOUT YOUR RETIREMENT PLAN

The Office of Financial Planning/Benefits presents these talks at which you can learn more about the Basic Retirement Plan, the tax-deferred Defined Contribution Plan & the tax-deferred 403(b) Plan.

- Thurs., Feb. 6: Carr Aud., SFGH. Noon-1 p.m.
- Fri., Feb. 7: Aud., Bldg. 7, VAMC. Noon-1 p.m.
- Wed., Feb. 12: Toland Hall. Noon-1 p.m.
- Wed., Feb. 19: Rm. 125, MCB. Noon-1 p.m.

OVEREATERS ANONYMOUS MEETING: Step meeting. N 527. Noon.*

NEUROBIOLOGY SEMINAR: *Neural Images in the Retina.* Frank Werblin, Neurobio., UCB. HSW 300. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY CLINICAL CASE ROUNDS. HSW 303. 4 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Syphilis.* Stephen McPhee, Med. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Radiologic-Pathologic Correlation/Chest.* Gordon Gamsu, Rad., Med., Thoracic Imaging Unit. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *Dead Again.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8 p.m. (Movies subject to change.)*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

7 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Rape in Adolescence: Changes in Life Course Seen from the Perspective of Adulthood.* Deborah S. Rose, Psychr., Stanford. LPPI Aud. 10:10-11:30 a.m.

BLACK HERITAGE MONTH EVENTS

All events open to the public. See page 1 for further details.

- Feb. 1-28: *I Dream a World Photography Display.* MZ main lobby, north wall.
- Feb. 1-28: *African Americans in History Poster Display.* MCB 1st fl. lobby, near UCSF Police Dept. Info. Desk.
- Mon., Feb. 3: *Black Vendors Expo.* Products & services of African American vendors from the Bay Area featured. Sponsored by the Black Caucus. MU Conf. Cntr. 10 a.m.-2 p.m.
- Tues., Feb. 4: *Kerrigan Black: Tryin' to Get Home.* Singer/Composer Kerrigan Black presents a history of African American music from work songs to gospel to rap. Sponsored by Arts & Performances. Noon-1 p.m. Cole Hall.
- Wed., Feb. 5: *Drawing Lessons from Out Past — For an Improved Future.* Pedro A. Noguera, UCB, discusses setbacks & advances in the African American experience. Co-sponsored by Campus Tours & Speakers Bureau & Black Caucus. HSW 300. Noon-1 p.m.
- Sat., Feb. 8: *Black Caucus Gala.* Raffle & no-host cocktails, followed by dinner & dancing. Free parking available. Tickets $35. 6:30 p.m.-1 a.m. Marriott Hotel, Berkeley Marina. Call Ethel Adams at 476-8310 or Claudette Johnson at 476-2401 for tickets & information.
- Feb. 10-21: *African Americans in Literature & the Health Sciences.* Displays throughout the library.
- Thurs., Feb. 13: *Hard Time? Gender Bias & the Judicial System.* Municiple Court Judge Alice Lytle discusses barriers women & children encounter in the judicial system. Sponsored by Women's Resource Cntr. Toland Hall. Noon-1 p.m.
- Tues., Feb. 18: *The Malcolm X Legacy: Addressing the Problems Confronting the African American Community.* Faheem Shuaibe, Muslim imam (leader). Sponsored by the Black Caucus. Toland Hall. Noon-1:30 p.m.
- Tues., Feb. 25: *Black Women Crusading for a New America: Under Attack but Fighting Back!* Ethel Long-Scott, Women's Economic Agenda Project, looks at economic & class stratification within the Black community, the rights of poor people & the important roles of Black women, past & present. Toland Hall. Noon-1 p.m.
- Wed., Feb. 26: Henry Ossawa Tanner Exhibit Lecture & Reception. *Henry Ossawa Tanner's Legacy.* Marie Johnson Calloway, SF State. Trustees Aud., deYoung Museum. Jazz by Memphis: The Lady & Her Quartet, Hearst Court, deYoung Museum. Reception: Gallery 20, deYoung Museum. Sponsored by Black Caucus. 5:45-8 p.m.
- Fri., Feb. 28: *Sixth Annual Black Nurses Symposium — Report Card on the Black Family: Strategies for Change.* Multiple lectures, plus a workshop for current or prospective nursing students. Cole Hall. 8 a.m.-4 p.m. Call 476-4697.

February 1-14, 1992

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Polyamines: From Computers to Tumors.* Laurence J. Marton, Lab. Med. S 214. 11 a.m.

LANDBERG CENTER PRESENTATION: *Who Do You Say I Am?* A series of discussions about the historical Jesus as he appears in the Gospels. MU 111. Noon-1 p.m. Call ahead at 564-3515.*

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *We Don't Seem to Have Time for Sex — And When We Do, We're Too Tired.* Carol Rinklieb Ellison, psychologist & sex therapist, private practice. N 721. Noon. Call 584-4416.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

BOXER SPEAKS ON REPRODUCTIVE RIGHTS

Reproductive Rights: The Legislative Struggle. US Congresswoman Barbara Boxer. Cole Hall. 1-2 p.m. Call 476-1806.* (See story on page 3.)

COLE HALL CINEMA: *Dead Again.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.)*

8 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

UROLOGY GRAND ROUNDS: *Tricks of Flexible Endoscopy.* Marshall Stoller, Uro. & Urinary Stone Cntr. *TUR Syndrome — Past History.* Richards P. Lyon, Uro. HSW 300. 8:30-11 a.m.

10 Monday

OTOLARYNGOLOGY GRAND ROUNDS: *Case Presentations: Mount Zion Medical Center.* Karen J. Doyle, Oto. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 9:15-10 a.m.

FRIENDS OF LOIS AL-ANON MEETING. Closed meeting: for friends & families of alcoholics only. Rm. 300C, MCB. Noon.

CORE CURRICULUM IN HEMATOLOGY: *Immunohemolytic Causes of Anemia.* Pearl Toy, Lab. Med. *Red Bood Cell Membrane Defects.* Stephen Shohet, Lab. Med. L 535. 2-3 p.m.

SEP CHANGES

Say farewell to David States & give a welcome to Margaret Clark, SEP's new high school coordinator. Plus, learn about the 1992 student lesson contest & the new SEP resource center. Food & beverages. Fac. Alum. House. 2:30-6 p.m.*

DEAN OF MEDICINE'S RESEARCH SEMINAR: *Mechanisms of Hepatic Fibrosis — From Insult to Injury.* Scott Friedman & Teresa Wright, both Med. HSW 300. 3:30-5 p.m.

SPINE CONFERENCE ROUNDS. C 417. 5-6 p.m.

IMMUNOLOGY SEMINAR SERIES. HSW 302. 5 p.m.

URORADIOLOGY CONFERENCE. M 464. 5:30-6:30 p.m.

11 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *Body Contouring.* Kevin Ciresi, Plast. & Recon. Surg. Rm. 200 1A-122, VAMC. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Salivary Disease & Sialadenitis in Children.* Leonard B. Kaban, Oral & Max. Surg. C 701. 8 a.m.

TRANSFUSION RESEARCH FORUM: *AABB Meeting Review: Hepatitis.* Michael Busch, Lab. Med. L 535. 8:30 a.m.

THE NEXT DEADLINE

Tues., Feb. 4, is the deadline for items to be listed in the next calendar, which covers **Feb. 15-28, 1992 (two weeks).** They must be received in our office in writing by 11 a.m. on that Friday. Mail your copy to Michele Firpo at Box 0462, call 476-1541, send a fax to 665-8668 or bring it to S 20.

SFGH PEDIATRIC GRAND ROUNDS: *Hepatitis C.* Peggy Wintroub, Ped. Inf. Dis. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Perinatal Morbidity & Mortality.* Patricia Robertson, Ob/Gyn. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

SFGH MEDICINE GRAND ROUNDS: *Molecular Mechanisms of Atherosclerosis.* Jan L. Breslow, Rockefeller U, New York. Carr Aud., SFGH. 11:30 a.m.

MEDICAL ANTHROPOLOGY SEMINAR: *What the Market Will Bear: Women's Labor in Southern Appalachia.* Mary Anglin, Med. Anth. Prog. CSBS 218. Noon-1 p.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS. S 664. 5-6 p.m.

LUPUS SUPPORT GROUP: Meets second Tues. of the month. C 27, MZ. 7-9 p.m. Call 885-1720.*

12 Wednesday

OPERATIVE UROLOGY CONFERENCE. M 464. 6:30-7:30 a.m.

SURGERY GRAND ROUNDS. Toland Hall. 7 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

DERMATOLOGY GRAND ROUNDS: *Health Care Reform — AAD Activities.* Richard Odom & Michael Franzblau, both Derm. HSW 301. 8 a.m.

NUCLEAR MEDICINE SEMINAR. LPPI Aud. 8:30 a.m.

ENDOCRINE GRAND ROUNDS: *Local & Systemic Factors in the Pathogenesis & Therapy of Osteoporosis.* Lawrence Raisz, Endo. & Met., U Conn. M 1486. 8:30 a.m.

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

BROWN BAG LECTURE SERIES: *Demystifying Sexual Attraction.* Daniel Linder, author & marriage, family & child counselor. Sponsored by Campus Tours & Speakers Bureau. HSW 300. Noon. Call 476-4394.*

LANDBERG CENTER CLASS: *Yoga for Stress Reduction.* Suzanne Stoterau, Landberg Cntr. for Hlth. & Ministry. Landberg Cntr., 340 Irving St. Noon-1 p.m. Call 564-3515 for reservations.*

LANDBERG CENTER SINGLE PARENT SUPPORT GROUP: C 209. Noon-1 p.m. Call 564-3515.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. MCB, Rm. 300C. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

PSYCHIATRY GRAND ROUNDS: *Dopamine Transporter Protein, Site of Action of Cocaine.* S. Paul Berger, Psychr., VAMC. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1 p.m.

SEMINARS IN BIOLOGY SERIES: *Regulating the Structure & Trafficking Patterns of Intracellular Organelles.* Richard Klausner, Cell Bio. & Met., NICHD, NIH. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

HISTORY OF HEALTH SCIENCES COURSE: *Historical Perspectives in Medicine: Nazism & German Medicine.* U 456. 4:30-6 p.m. Call 476-2766.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Urinary Cytology.* Walter Blumenfeld, Path. & Lab Med. HSW 508. 5-6:30 p.m.

*Open to the public.

TODDLERS & SELF-ESTEEM

The Development of Self-Esteem in Infants & Toddlers. Sally Sehring, Ped. Co-sponsored by UCSF Child & Elder Care Referral Serv., Community Health Talks, Public Serv. Outreach Prog., Great Expectations Prog. for Parents, Marilyn Reed Lucia Child Care Study Cntr., Women's Resource Cntr. & UCSF Health Net. UCSF-Laurel Heights Aud. 7-9 p.m. Call 476-6667.*

13 Thursday

ORTHOPEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Clinical Assessment in Medical Education.* Maxine Papadakis, Clin. Med. & Med. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Management of Traumatic Optic Neuropathy.* Stuart Seiff, Oph. Case presentations: *Uveitis.* S 214. 8:30-10 a.m.

PEDIATRIC GRAND ROUNDS: *Pediatric AIDS: Update on Early Diagnosis, Clinical Course & Treatment.* Diane Wara, Ped. S 664. 8:30-9:30 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. HSE 317. 10-11 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Legal Medicine.* Dan Tennenhouse, FCM & Physio. Nurs. *COPD/Bronchitis.* James Beck, Med. & Chest Clin., VAMC. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

OVEREATERS ANONYMOUS MEETING: Step meeting. N 527. Noon.*

NEURORADIOLOGY CLINICAL CASE ROUNDS. HSW 303. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ONCOLOGY CLINICAL CONFERENCE. M 1296. 4 p.m.

NEUROBIOLOGY SEMINAR: *Axonal Navigation & Pattern Formation in the Rodent Trigeminal System.* Reha S. Erzurumlu, Brain & Cognitive Sci., MIT. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Medicalization of Normal Variants & Abnormal Behaviors: Are We Causing Harm?* Henry Kahn, Int. Med. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Radiology Case Presentations: Body MRI.* Charles B. Higgins, Rad. HSW 303. 5:15-6:15 p.m.

COLE HALL CINEMA: *Frankie & Johnny.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8:15 p.m. (Movies subject to change.)*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A 222. 6 p.m.*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Aesthetic Nasal Surgery: Analysis & Preoperative Planning.* Rollin Daniel. Fac. Alum. House, 745 Parnassus. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3601.*

14 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Mental Health Perspective in Juvenile Probation.* Nelba Chavez, Probation Serv., Youth Guidance Cntr. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: *Chemical Aspects of the Photoreactions of DNA & DNA-Protein Complexes.* Martin D. Shetlar, Chem. & Pharm. Chem. S 214. 11 a.m.

LANDBERG CENTER PRESENTATION: *Who Do You Say I Am?* A series of discussions about the historical Jesus as he appears in the Gospels. MU 111. Noon-1 p.m. Call ahead at 564-3515.*

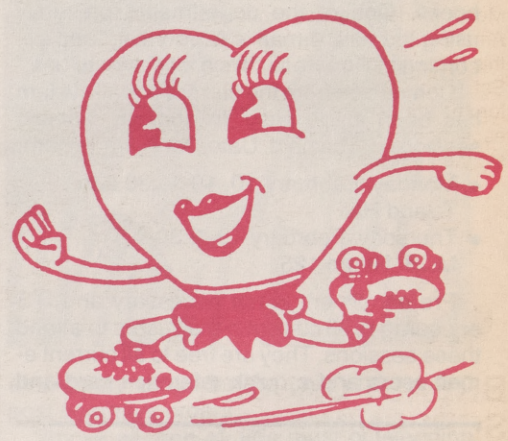
SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *CFTR Expression in Human Airway Epithelial Cells.* Dieter Gruenert, Lab. Med., CVRI & CRI. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE & WORKSHOP: *Increase Your Life's Meaning While Boosting Retirement Income.* Steven Hart, SF Investors Forum. N 721. Noon. Workshop offered this evening. $20. N 517. 6-9 p.m. Call 584-4416.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

COLE HALL CINEMA: *Frankie & Johnny.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 9 p.m. (Movies subject to change.)*

HAPPY VALENTINE'S DAY!



DEVELOPMENT & TRAINING

For further information call 476-4032.

Labor Relations Supervisory Series. Tues., Mar. 3, 10, 17. 8:30 a.m.-noon. $20.

Writing for Results. Wed., Mar. 4, 11, 18. 1-4 p.m. $50.

Survival Skills for the Administrative Assistant. Thurs., Mar. 5, 12, 19. 8:30 a.m.-noon. $40.

Telephone Communication Skills Training. Tues., Mar 5. 1-4:30 p.m. $25

Post-Award Management of Extramural Funds. Mon., Mar. 9. 9 a.m.-4:30 p.m. $25.

Career Directions at UCSF. Wed., Mar. 11, 18, 25. 8:30 a.m.-noon. $25.

Contracts & Grants Workshop. Thurs., Mar. 12. 1-4 p.m. $10.

Communicating with Confidence: A Workshop for Non-Managers. Tues. & Thurs., Mar. 17 & 19. 1-4:30 p.m. $40.

Coping with Difficult People. Fri., Mar. 20. 8:30 a.m.-4 p.m. $50.

Negotiating for Results. Tues., Mar. 24. 9 a.m.-4 p.m. $50

Time Management at Work. Thurs., Mar. 26. 9 a.m.-4:30 p.m. $30.

Supervisor's Guide to Performance Evaluation. Tues., Mar. 31. 8:30 a.m.-4:30 p.m. $20.

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808.

Fine Needle Aspiration Tutorial. Squaw Valley, CA. Feb. 24-26.

Ophthalmology in Developing Countries: An International Symposium. Chinese Cultural Cntr., SF. Mar. 12-13.

Annual Review in Family Medicine: Controversies & Challenges in Primary Care. SF. Mar. 25-27.

Symposium on Aesthetic Surgery of the Face. Sheraton Palace Hotel, SF. Mar. 26-28.

Advances in Cardiology. At Spring training with the Oakland A's, Scottdale Plaza Resort, AZ. Mar. 28-31.

Advances in Emergency Medicine. Pan Pacific Hotel, SF. Apr. 1-4.

The Postgraduate Course in General Surgery. Ritz-Carlton Hotel, SF. Apr. 2-4.

5th Annual Primary Care Medicine: Update 1992. Maui Inter-Continental, Hawaii. Apr. 4-11.

DENTISTRY

For locations & information call 476-1101.

Adult Orthodontics: Making the Best Decisions for Treatment. Feb. 21.

AIDS/HIV Update & Infection Control for the '90s. Feb. 28.

Study & Ski at Squaw Valley. Feb. 28-Mar. 2.

Increase Efficiency, Reduce Stress with Effective Auxiliary Utilization. Feb. 29.

Antimicrobials in Periodontal Therapy. Mar. 6.

3rd Annual Spring Training for the Dental Team. Mar. 18-21.

Benefits/Personnel

ITS Releases New Electronic Mail for the Campus Community

Information Technology Services (ITS), in cooperation with many of its clients, has developed an integrated improved electronic mail (e-mail), which also provides linkage to personal computer-based e-mail systems. In early January, the first part of this strategy was implemented with the release of UCSFMail, the new mainframe-based e-mail system for campuswide use.

According to Victor Tayao of ITS, the new system has a consistent menu-driven interface, powerful retrieval facilities for saved mail, and tools to manage electronic address books. One of the departments presently using the new e-mail is Accounting, and according to Ron Koss, "It's a lot easier to use."

Conversion from the current e-mail system has been made easy. In addition, training sessions will be held. Dates for February are:

- Monday, February 10, 10-11:30 a.m., Toland Hall
- Thursday, February 13, 2:30-4 p.m., MCB, Room 125

Pre-enrollment is not necessary and ITS encourages all current e-mail users to attend these sessions. They are free to all current e-mail users and a quick reference card and user manual will be given to each attendee.

Sessions also will be held for new e-mail users. There will be a fee. To enroll and for dates of the sessions, call 476-2974.

To use the new e-mail system, an account on VM/CMS is needed. Current users of EasyCMS, the menu-driven interface to VM/CMS, will find that the product has been enhanced and integrated to work consistently with the new e-mail system.

The old e-mail system will be supported until April 30. ITS encourages all current users of the old e-mail system to convert to the new system before this date.

General questions? Send an e-mail (what else?) to ucsfmail@ucsfvm, or call the Administrative Information Services Helpline at 476-6239.

SRA Group Sponsoring Career Development Program Feb. 21

The new campus organization for staff research associates and specialists, called "PROS," is sponsoring a free brown bag program with UCSF career development specialist Susan Eveleth on Friday, February 21, from noon to 1 p.m. in HSW 301. SRAs and specialists from all campus sites are welcome to attend.

Susan's topic will be "Informational Interviewing," which, as explained by the CVRI's Amy Haskell, is an informal means of scouting for jobs. Research positions don't have the reputation for being the most stable jobs in the world, she says, so it's good to be on the lookout and know the options.

PROS, which stands for "Professional Research Organization for Staff," formed last year to create a network for research professionals. "There are about 700 staff research associates and another 120 specialists at UCSF," says Amy, who is on the steering committee of the new organization. "Many of these people are isolated in labs and don't have a lot of contact with the rest of the campus. Until PROS formed we didn't have any common ground."

One of the first PROS activities was a meeting with people from Personnel to discuss classification issues. For the future the group has a number of irons in the fire, including compiling a "skills network directory." This will be a guide to people on campus who can help with technical questions about a variety of research procedures.

PROS welcomes members. For information, call chair Yvonne De Souza, 476-2513.

Baby's Self Esteem

Several campus organizations are sponsoring a free program on how to develop self-esteem in infants and toddlers. Sally Sehring, UCSF associate clinical professor of pediatrics and a specialist in developmental pediatrics, will present "Building Pint-Sized Confidence," on Wednesday, February 12, from 7 to 9 p.m. at the UCSF Laurel Heights auditorium.

The program is for parents, grandparents, child care providers, child development specialists or anyone interested in how feelings of self worth affect the happiness and future success of children. Sehring also will offer tips on how to instill confidence and self esteem in children.

Free parking will be provided. Call 476-6667 to register or for more information.

Fun Zone

You Want Rain? Join OU's Rain Dance at Ocean Beach

The Outdoors Unlimited staff has planned its first rain dance for 1992 on Tuesday, February 4, 7:30 p.m., Ocean Beach at Noriega Street. Last year they had four of these, and they *swear* that rain immediately followed on three occasions, including the heavy rains in March that saved California from total drought disaster. We are so sorry we didn't know this at the time, so credit could have been noted, but you can be sure we'll be watching for what happens following February 4. In any case, you're supposed to bring something to burn in a sacrifice (they suggest a pair of skis or a wooden oar). Just show up or call 476-2078 for more information.

More events coming up include:

- **EMPACT! Valentine's costume jewelry sale.** February 5 and 6, 10 a.m. to 3 p.m. in the Med Sci lobby, Feb. 10, 11 a.m. to 2 p.m. at Mount Zion Nosherie, and February 13 and 14, 10 a.m. to 3 p.m. at the SFGH second floor cafeteria.
- **Valentine's truffles, flowers, gifts.** Thursday and Friday, February 13 and 14, in the Med Sci lobby, 10 a.m. to 3 p.m. Sale sponsored by EMPACT!
- **Auxiliary's Valentine sale.** Thursday and Friday, February 13 and 14, in the Med Sci Lobby, 8:30 a.m. to 5 p.m. both days. Jewelry, including silver from Taxco. Proceeds go toward Auxiliary programs to benefit patients and families.
- **Moonlight hike on Valentine's Day.** Romantic evening: Hike Bolinas Ridge, watch the sun set slowly over Bolinas Bay, and then see the moon cast its enchanting spell over the earth. Call Outdoors Unlimited, 476-2078.
- **Valentine seminar for hospital volunteers.** Volunteer Services is sponsoring an all-day seminar, "Discovering the Artist in You," for volunteers from UCSF and Mount Zion. Topics will include "exploring the creative mind," flower arranging, cooking and many more. Call 476-1196 for more information.
- **Sunrise hike up Mt. Wittenberg.** Sunday, February 16. Celebrate President's weekend by hiking up 1,400 feet to await the sunrise, then back down to the beach (Point Reyes National Seashore.) Siesta included. Call Outdoors Unlimited, 476-2078.
- **"Pass Exams with Hypnosis."** This is the title of a forthcoming workshop offered by Millberry Union. The class is from 10 a.m. to 1 p.m. on Saturday, February 22. The class doesn't make any guarantees, but it does promise you will learn life-long techniques for increasing your ability to study for, take and pass exams. Call 476-1115 for registration information.
- **"Foot Reflexology Workshop."** Saturday, February 29, 9:30 a.m. to 12:30 p.m. Advertised as "the most soothing and relaxing massage one can give or receive."
- **Seeking wind, brass and percussion musicians.** The newly formed UCSF Wind Ensemble needs experienced musicians to play at campus events. Rehearsals are held every Monday evening in Cole Hall. For further information, call Stephen Rader at 621-0231.
- **HALF PRICE EUROPE!** See details in next *Newsbreak* or call the Hospitals Auxiliary, 476-4906.

Jon Potter

Deadlines, Deadlines, Deadlines

The Academic Affairs Office announces the following grant deadlines for the next few months. For further application information and forms, call Martha Karg at 476-2218.

- Affirmative Action Faculty Development Awards. Intended to provide support for talented junior faculty who hold ladder appointments, but who may encounter unusual obstacles in developing the substantial records in research and creative work necessary for advancement to tenure. Deadline: Monday, February 10.
- Pre-Tenure Awards. Intended to serve women and minority junior faculty who are highly promising and show need for support. The awards provide *substantial* release time from regular duties to concentrate on scholarly or research activities. Deadline: Monday, February 17.
- UC Mexus Programs. Awards of $10,000 each are available for environmental issues; development grants in Mexico-related studies; research and/or development grants in Chicana/Chicano studies; grants for research and support of creative activities; plus $1,000 awards for thesis/dissertation research. Deadline: Wednesday, April 1.

LRDP *(from page 1)*

Community-wide workshops, which campus members also may attend, have been scheduled during March. (See sidebar below.)

Prior to developing the new community participation plan, campus representatives conducted individual interviews with more than 70 community and neighborhood leaders, including two offices of the City Planning Commission. Many of their recommendations helped form the plan.

When finished, the LRDP and EIR will be submitted to the UC Regents for adoption and certification.

For more information on how you can be part of the campus participation process, call Brenda Patterson at 476-8055.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of December 31, 1991). The newly reported "annualized yield" reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Factors	Annual Rate	Annualized Yield
Savings	.0065	7.69%	7.86%
Money Mkt	.0048	5.65%	6.91%
ICCF	.0073	8.65%	8.88%

	Unit Value	1-Month Change	12-Month Change
Bond	$50.29	5.8%	21.5%
Equity	$83.32	10.5%	27.4%
Multi-Asset	$12.27	4.6%	16.7%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

Kaiser Award Nominations Due

All medical students and housestaff are invited to submit nominations for Kaiser Awards for Excellence in Teaching. This is your opportunity to honor the truly outstanding teachers who have motivated and inspired you over the past year. A cash award and certificate will be presented to one member each of the volunteer clinical faculty, full-time faculty in a clinical department, and full-time faculty in a basic science department.

Nominating forms are available in the Student Affairs Office, Room S 245; the Dean's Office, Room S 224; VAMC, Bldg. 4, Room 2A-104; SFGH, Rm. 2A-21; and Mount Zion Staff Medical Affairs Office. They must be returned to Kaiser Awards, Dean's Office, Box 0410; or Student Affairs, Box 0454, no later than Friday, March 6. For further information call Diana Naisby, 476-2342.

Retirement Talks

A series of talks will be held in February to discuss which retirement and tax plans are best for you. (See the *Today & Tomorrow* calendar, page 4.)

University Advisory Group
21st Century Committee
Academic Business Officers Group
Academic Business Officers Group - SFGH
Academic Affairs & Graduate Division
Asian/Pacific American Systemwide Alliance
Associated Students UC
Black Caucus
Business & Fiscal Services
Committee on Status of Women
Council of Minority Organizations
Capital Resources Management
Executive Park
Graduate Students' Association
Latin American Campus Association
Laurel Heights
LPPI
Management Advisory Group
The Medical Center
Mission Center
Mount Zion
Native American Health Alliance
Oyster Point
Personal Safety Committee
Professional Research Organization for Staff
Chancellor's Staff Advisory Committee
SFGH
School of Dentistry
School of Medicine
School of Nursing
School of Pharmacy
Senior Management Operating Group
Staff & Student Human Resources
UCSF Council
United Filipino Employees Association
VAMC

Community Workshops
(For further information call 476-3206.)

Bayview Hunters Point/Executive Park
Thursday, March 5, 7:30 p.m.
Southeast Community College
1800 Oakdale Avenue (at Phelps)
(off-street parking available)

Mission
Saturday, March 7, 1 p.m.
Mission Language & Vocational School
2929-19th St. (between Alabama & Florida)
(disabled entrance at 710 Florida)

Western Addition/Laurel Heights
Tuesday, March 24, 7:30 p.m.
Center for African & African American Arts
762 Fulton Street (at Webster)
(off-street parking available in Center's lot on Fulton)

Parnassus
Thursday, March 26, 7:30 p.m.
St. John of God Newman Center
1290-5th Avenue (at Irving)

Medsounds Continued

How to Decide? Each Could Be "Distinguished Nurse"

There are five candidates for this year's "Distinguished Nurse" award, including a double nomination from 12 Long. As you read through the nominating criteria, you may find yourself in a dilemma over which one (or ones) *you* would select for the winner.

You may be surprised to learn that the winner of this top nursing award is determined by an outside committee each year. According to UCSF coordinator Pam Minarik, the nominating letters are sent to a select group (which changes from year to year) of nursing executives and clinical nurse specialists, not necessarily in California. The reason for this, she says, is that the competition is not so much a personality contest as it is a comparison of the significance of the projects undertaken by these nurses. The judges are looking at the long-term importance of the work the nominees have done, in terms of how the project will affect future generations of nursing care.

In any case, you will learn the choice of the judges during the 1992 Founders Day luncheon in April, when the winner will be presented. Take note, however, that it is the intent of the Distinguished Nurse award organizers that each of these people be duly recognized, since to be nominated is a major honor in itself. The following are excerpted versions of each nurse's project.

Laura Levin, 14 Long

Her nominators said: "In May of 1990 we made the transition from 9 Long to 14 Long. With that transition we integrated gynecology and gynecology chemotherapy patients into our previous population of general surgery/ liver transplant patients. Laura identified at an early stage that because of our total lack of exposure to the GYN/chemotherapy patient in the past, the staff desperately needed information. Laura personally took on the formidable task of educating the staff about this new patient population.

"Working with experts outside the unit and in collaboration with the nurses on our own unit, Laura developed a number of user-friendly resource materials — from her first project, a set of guidelines on 'everything you need to know from admit to discharge' about the GYN/chemo patient, to her long-term project, a complete gynecology surgery and chemotherapy reference manual that is just coming off the press. She also revised the form used to record the patient's experience with each course of chemotherapy.

"Part of Laura's strategy was to recruit interested staff members to participate in the teaching, thus inspiring the whole unit to get involved.

"It is because of Laura'a dedicated pursuit of new knowledge and creative, collaborative teaching approach that the transition in caring for this new patient population was so smooth."

Jill Howie, CV ICU

Her nominators said: "A few months prior to the opening of the new Cardiovascular Intensive Care Unit, Jill was hired into a 50% staff development position to prepare both the staff and the physical environment for the opening. Most of the nurses for the new unit were coming from the previous CVS unit, where the bulk of the staff had little experience dealing with cardiac surgery patients coming directly from the operating room. In four months' time, she:

- Assessed the learning needs of the CVS nurses and gained their trust
- Developed an education program using case studies and experiential teaching
- Coordinated the preceptorship of 30 CVS nurses by the 9 ICU staff
- Revised the bedside resource book and cardiac monitoring policy
- Developed resource books and guidelines for caring for heart transplant, heart-lung transplant and CABG patients
- Designed 'real life' scenarios for ongoing testing of emergency skills
- Designed and assembled a code blue cart, contributed to the design of a CT and line cart, developed a list of stock medications and emergency drugs for the unit, and revised post operative orders.

"Above all, one of Jill's most outstanding achievements has been to bring together disparate people and resources required for the successful start-up of a complex new program."

Stephanie Schleuter, 11 Long

Her nominators said: "The complexity of oncology nursing, coupled with a large nursing staff with diverse backgrounds, resulted in widespread variations of patient care delivery. To address this issue, Stephanie volunteered to oversee the development of a Standards of Care Manual.

"In completing this monumental task, Stephanie sought out key people throughout the hospital, researched community standards and studied current literature. Her goal was to create a user-friendly reference, enabling anyone with a reasonable amount of nursing skill to follow a protocol or procedure from start to finish.

"Upon completion of the manual, Stephanie held a series of meetings to introduce it to the staff. Initially, preceptors of new staff were targeted to be users of the manual. In the end, the outcome has been twofold. First, orientation of new staff has been more consistent, eliminating the 'word of mouth' approach. Secondly, and possibly more important, the entire staff has begun to use the manual. As a result, the staff have become interested in reviewing and updating the contents, and a Standards of Care Committee has formed to do a complete review every year.

"Informal consensus shows the manual to be incredibly valuable. The staff now have a reference which eliminates the need for continually questioning such issues as which drugs need to be given first or which treatment is most effective. This is especially helpful with the increase in nurses floated to 11 Long from other units. The project could be imitated throughout the hospital for all specialty areas."

Melanie Lindner, 9 ICU

Her nominators said: "In the setting of inpatient nursing, work schedules are a crucial element of nurse satisfaction. The nurses in the ICU have identified a flexible time schedule that accommodates requests for time off as a primary retention factor. Melanie believed that self-scheduling would work in the ICU, and not only would help toward producing a mutually satisfactory schedule, it would promote the participative management style favored by the unit and lift the scheduling burden from administrative nurses.

"She introduced the concept in late 1990, then spent the subsequent months promoting the concept, polling the staff, and heading a committee to work out the details. They developed tools for shift sign-ups, a worksheet for committee members to follow up on details and feedback material for staff members. They discovered the painstaking details and tedious work involved in educating peers, coordinating requests and enlisting individuals to sign up for understaffed shifts. Melanie frequently could be found in the unit on her days off, promoting the project, meeting with the committee and finally, in January of 1991, launching a six-month trial period.

"The staff felt well-prepared for the self-scheduling process by the time it began. A year later — in the course of which a number of problems presented themselves and were resolutely resolved under Melanie's direction — the staff indicates a strong level of satisfaction with self-scheduling. There is a heightened understanding of individual scheduling responsibilities and a desire to work together to create a well-distributed staffing mix."

Amanda Bolden & Debbie Jones, 12 Long

Amanda Bolden (left) and Debbie Jones

Their nominators said: "Amanda and Debbie took on a project in September of 1990 that has blossomed into a respected system for the assessment, education and care-planning of patients with spinal disorders. The two nurses implemented a case management program for the relatively new Spine Deformities Service at UCSF.

"The goal of the case management program is to provide coordinated care for spine surgery patients from the pre-operative period to post-discharge. Collaborating with surgeons, the Orthopedic Clinic in the ACC, the nursing staff on 12 Long and other members of the health care team, Amanda and Debbie developed the criteria for a nursing case management position, plus patient and staff education materials, and goals and objectives for the position, the health care team and the patient.

"They then implemented the program themselves by devoting a portion of their schedule to patient teaching in the clinic prior to surgery, then following the patient on the unit after the surgery, serving as a resource to the other nurses, providing a linkage between all parties involved in the care, and monitoring patients' progress once they return home.

"Debbie recently transferred to the ortho unit at Mount Zion as assistant head nurse, where an increasing number of patients are being admitted for spine surgery. Meanwhile, the case management program runs uninterrupted. It was solidly constructed so that, in addition to Amanda, it was possible for other staff members to step in and take over in the case management position."

Fund *(from page 8)*

i.e., good cells versus bad cells battling it out on paper. Often, however, patients draw whatever strikes their fancy. For instance, during one of Cindy's recent visits, a patient was drawing a large, colorful dragon. She said she just felt like making a dragon, although she admitted, "Maybe this is what my disease looks like."

Carol says that based on the popularity of the program, they would like to expand Cindy's visits to a full day each week. She also has ideas for further resources for patients and families, pending the growth of the Donna Smith Fund.

Her first priority would be to bring in a therapist to conduct a cancer support group in the evening for patients and families. Currently there exists a daytime group coordinated by the nursing staff and one-on-one services provided by social workers. An evening group, however, would be very convenient for families, and, she believes, well utilized.

Carol says she is always happy to answer questions about any of the programs, in particular if you know of someone who could benefit. She can be reached at 476-1383. In regard to the Fund, which is administered through the Development Office, direct your questions to Lisa Considine, 476-1057.

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UCSF Medsounds

Page 1 . . . Martin Luther King, Jr. Award Winners

Page 3 . . . Barbara Boxer on Abortion Rights

Page 4 . . . Black Heritage Month Events

Medsounds *is a section of* Newsbreak *for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center.*

Ask 10 Long's Sara Soliz About GM III Nurse Practitioner Kathy Hansen

This letter recently appeared in the ACC newsletter, *ACCess*:

Recently, one of our 10 Long nurses was referred for an echocardiogram by nurse practitioner Kathy Hansen. The reason was an abnormal physical examination during which Hansen heard a potentially pathological heart sound. Despite the patient's denial of symptoms, Hansen's experience and clinical acumen compelled her to shoulder the responsibility for ordering this study. This decision very likely saved this young nurse's life because it demonstrated a very large cardiac tumor which was removed by open heart surgery the very next day. By all indications, the tumor was histologically benign and an early recovery is likely. As a member of our faculty I am proud to be associated with our excellent nurse practitioner group and with colleagues like Kathy Hansen.

—N.B. Schiller, MD

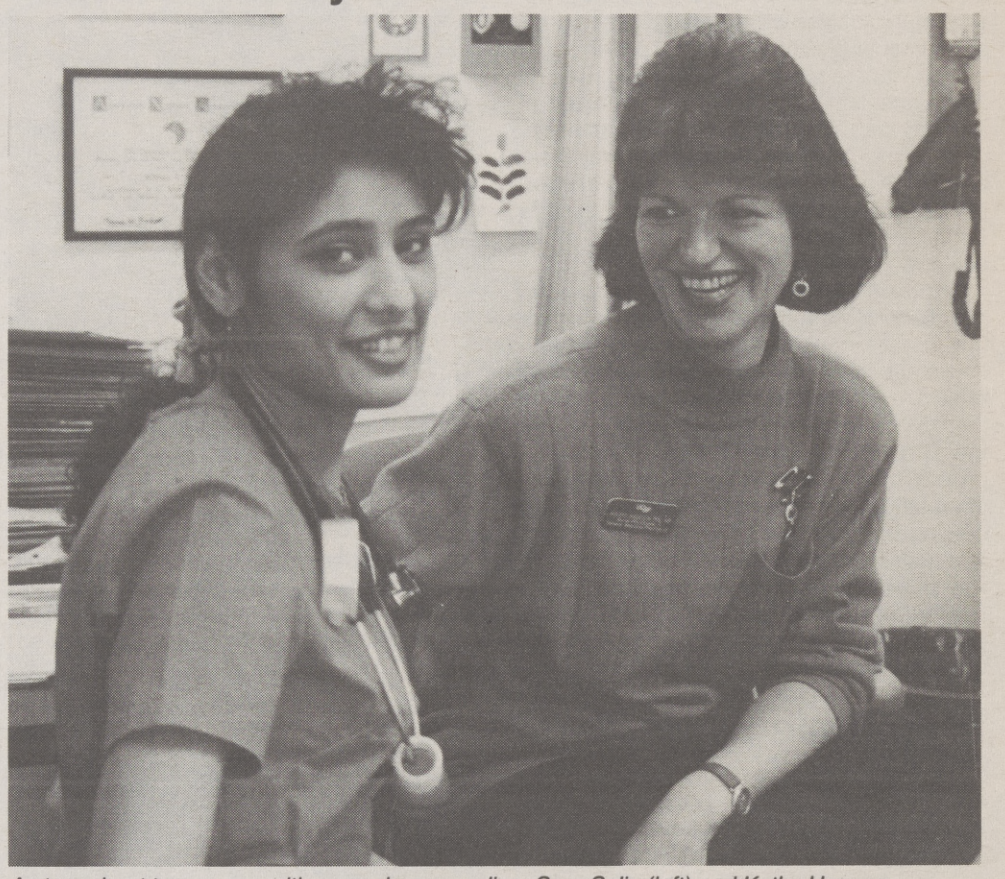
The patient Dr. Schiller describes is Sara Soliz, a clinical nurse on 10 Long. The surgery to remove a tumor the size of a golf ball from the left atrium of her heart, performed by Scott Rankin, took place last August. After an eight-week recuperation, she came back to work in October, completely recovered and "doing everything."

A native of Yuba City, north of Sacramento, Sara was a relatively new graduate working in a community hospital near her hometown when she decided to apply for at job at UCSF and try out life in the big city. It was during Sara's intake physical exam as a Health Net patient that Kathy, a nurse practitioner with the GM III medical group, heard the clicking in her heart.

This wasn't the first time the clicking issue came up. Four or five years ago, when Sara was in college, the doctor at the school clinic heard something. But in that case and in subsequent examinations, the sound had been attributed to a condition called mitro valve prolapse and not considered dangerous.

But Kathy said her instincts told her the sound she heard should not be dismissed. "It seemed to me too pronounced." She could even hear an echo. The fact that Sara told her she was planning to have some dental surgery soon made Kathy all the more convinced that the matter had to be checked out.

All parties involved say that no one knows when the tumor would have wreaked its havoc, but at some point a resulting blockage could and probably would have caused a major stroke. At this point, six months following the surgery, Sara says that one immediate benefit of the surgery is that she is stronger winded. "Before, I would get out of breath easily, but I thought I was just out of shape." She says she feels lucky and grateful for the outcome, and that Kathy, quite literally, will always hold a special place in her heart.



A story about two nurses with a very happy ending: Sara Soliz (left) and Kathy Hansen

Donna Smith Fund Continues to Do Good for Cancer Patients

You may remember a previous article in *Medsounds* about a memorial fund that was supporting the "Look Good, Feel Better" program for cancer patients. The program, developed by the American Cancer Society, brings professionals and trained volunteers to the hospital to coach cancer patients in makeup and fashion techniques.

Through the program, cosmetics are offered free of charge, as are wigs, turbans and scarves for patients who cannot afford these items. The volunteers, mainly from Zenzi's Beauty School in San Francisco, also offer manicures and facials — and not just for female patients. Many a male patient has enjoyed a good facial during the course of the program, says oncology clinical nurse specialist Carol Viele.

According to Carol, patients enthusiastically participate in "Look Good, Feel Better" and say it helps a lot in coping with some of the cancer treatment side effects.

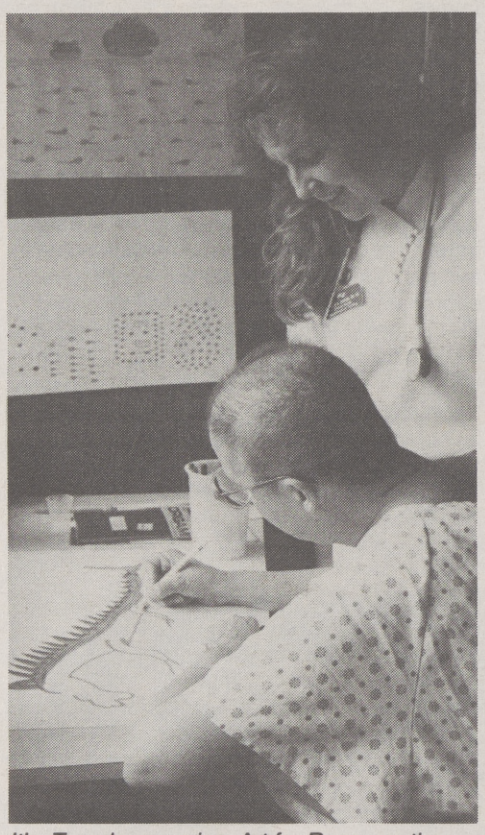
The fund that supports this program, called the "Donna Smith Fund," was established in memory of a UCSF cancer patient who felt her excellent support system of family and friends contributed much to the quality of her life during her illness. She encountered other cancer patients who did not have the support she did, and made it a sort of personal mission to try to help others find resources to help ease the burden. Thus, after her death, her husband established the fund in her name specifically to support as many resources as possible for cancer patients.

In addition to the "Look Good, Feel Better" sessions, which take place monthly and are open to the community as well as to UCSF patients, another program has been added to the patient resources supported by the Donna Smith Fund. For a little over a year now, Cindy Perlis has been spending half a day a week on 11 Long bringing the Art for Recovery program to cancer and bone marrow transplant patients and their families.

If you visit 11 Long, you'll notice the north corridor is lined with artwork produced by patients, and according to Carol, it won't be long before the collection has expanded to fill the south corridor as well. Many of the patients also have their artwork displayed in their rooms.

Cindy generally encourages patients to express in their drawings and paintings what they feel about their illness. Sometimes this translates to literal depictions of the disease,

(continued on page 7)



It's Tuesday morning, Art for Recovery time: 11 Long's Maureen Cannon checks in on a patient who, as you can see, "would rather be drawing."

Looking For Management Interns

The deadline for applications to the Medical Center's 1992 Affirmative Action Management Internship Program has been extended to Friday, February 28. The 6- to 12-month internship gives participants a wide range of experience in healthcare administration, the goal being to enhance qualifications for leadership roles in the field.

Eligible candidates are career employees who have worked at UCSF for at least three years and who are at least at A&PS or equivalent level. The criteria include that the candidate's supervisor will guarantee the employee may return to his or her current position following the internship. For further information, call Cynthia Bishop, 476-6707.

United Way Outcome Surprises Med Center Campaign Chairs

Chaplain Rod Seeger, who served as the Med Center's United Way co-chair along with Laurie Carlson, said they didn't know what to expect this year in terms of donations. Because of tight financial times, they were prepared to see the totals drop.

Instead, the total went up — from slightly over $55,000 last year to $62,000. Participation also went up about 1 percent, to slightly over 30 percent. These figures are for the "Parnassus campus" of the Medical Center — the term currently in use to mean the Moffitt-Long, ACC and MCB complex.

The Mount Zion campus also fared very well, says Rod. Participation went from 9 percent last year to over 32 percent this year! And the total more than doubled — from $6,500 last year to $13,200 this year.

Overall, the campus total increased from $277,000 last year to $327,000 this year, with the Medical Center's contribution to the total about the same ratio as last year. (See page one for further details.)

After two years of chairing the campaign in the Medical Center, Rod says both he and Laurie felt it was time to pass the gavel. Serving next year will be Clinical Labs' Bert Callan, a long-time active United Way supporter, and Facilities Planning's Cindy Lima, a newcomer to the United Way committee, but a long-time activist for other UCSF and community causes, most notably Project Open Hand.

Checking in on Danielle Roundtree

You may remember 10-year-old Danielle Roundtree of Vallejo, who, as a 7-year-old patient here in 1988, lost her left arm to the same kind of bone cancer that claimed the leg of Edward Kennedy, Jr. From the photo, you can get an idea of how she's adapting.

She also plays softball with a local league, after spending the good part of a summer devising a one-armed method of hitting and fielding.

But here's the clincher: She can tie her shoes with one hand. How she does this is a fiercely guarded secret, one she won't even share with her own mother.

Now into the fourth year of the five it takes for cancer to be considered in remission, Danielle is looking like a success story. Pediatric oncology chief Art Ablin says she was remarkable in her courage from the very beginning. Her parents, Alicia and John Roundtree, say that they derive much of their own courage from their plucky daughter.

"I miss her arm," says Alicia, "but I keep thinking of all that cancer in there, and then I think, *forget* the arm. She's alive. She's doing fine. Danielle's the one who helped me learn this."

Basketball is her favorite sport, but she also likes softball, football and wrestling.

San Francisco Chronicle